## **TEACHING THE LESSON**

Brief follow-up on community service, personal challenges, and steps toward goals

## Introducing the Day's Activities

The following script can be shortened if your last class was recent, since it's very similar to the information you gave them with their last journeywork assignment.

As you know from your journeywork, this is the time for you to meet with the Council of Elders and give a good account of yourself.

I hope you've brought your completed rassport, your letter of gratitude, and your Adult Ally Monitoring sheet. You're ready to tell the Council whether you're applying for the journeyman level or the master level, and why. They'll ask you several questions, and together you'll decide on your qualifications.

At the end of your interview, the Elders will fill out the recommendation form. You'll sign it, bring it to me, and I'll sign it. Your parents will also receive a copy to sign and return.

Before we start the interviews, I'd like you to do a few things to get your mind ready.

## Lead the Students through Some Activities to Help Them Feel Ready

Here are some examples:

### 1. Calming and imagining success

Put on a tape of quiet music.

Close your eyes; breathe deeply and comfortably. See yourself with all your materials ready, dressed neatly, and confident. You enter the room where you meet your Council of Elders. In your mind, see yourself greeting them

politely and answering their questions competently. See yourself agreeing on your appropriate level of Initiation. Now imagine yourself thanking the Elders and confidently returning to class.

### 2. Mutual support

In a few minutes I am going to ask you to meet with your ally group. Talk about how you feel and how ready you are. Ask each other if you can help with anything that needs finishing touches. Review your ally group cheer, motto, or logo. Assure one another you will do well.

# RELIAND r Students Before and After Their Interviews

#### **Everyone**

As you know, \_\_\_ day of our Rite of Passage Ceremony. You may remember that in many cultures, young people have special ways to prepare for their ceremonies. For example, Lame Deer prepared for his vision quest by purification in the sweat lodge. Chuchi's hair was brushed and tied in a special way and she put on a handwoven tunic for her Kinaaldá ceremony. You'll have several choices of how to prepare yourselves for your ceremony, too. I'll give you a list of them. While you're waiting or after you've finished with your interview, I'd like you to choose and let me know which you will do. Distribute the Preparing Myself for the Rite of Passage Ceremony handout. Interviews begin while students do the following.

#### Level 1 candidates

- Complete anything that you still need to finish for your meeting with the Elders.
- Read short stories or one of the books listed as a reference for this course.
- You may make your own demonstration project, but it is optional at this level.